



## Standard Laboratory Operating Procedure #1107 Fruit Smoothie

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**Laboratory:** Biotechnology  
**SOP prepared by:** B. Wolfe and R. Sanders

**Location:** Food Science Lab  
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**General:** This standard laboratory operating procedure (SLOP) gives the basic recipe for the fruit smoothies to be made for the taste tests SLOP# 1105 and SLOP #1106.

**Safety:** Safety glasses

**Materials:**

65 g Frozen Fruit sample #1	60 mL Fruit Juice
65 g Frozen Fruit sample #2	240 mL Soymilk or 1% Milk
Hand Blender	Mixing Cup or Bowl

**Procedure:**

1. Weigh out 65 g of frozen fruit samples and place in mixing container.
2. Add 60 mL of fruit juice into mixing container with frozen fruit.
3. Add in 240 mL of Milk into mixing container.
4. Use hand blender to mix ingredients until texture becomes smooth.